



The Journey Begins

by your Editors Paul Jacobs & Dee Shipman

Welcome to the very first issue of the Rainbow Journal, the journal for The Rainbow Journey. As every journey begins with the first step, this is ours, and we look forward to you travelling with us on what promises to be an adventure, a discovery trail and most of all fun!

Because this is what The Rainbow Journey is about – the enjoyable pursuit of excellence; to bring out potential through new language, thinking and behavioural skills to grow bright spirited world citizens. To instil a sense of self-worth and forward-seeking, to make education about learning rather than teaching.

It is about promoting the concept of Whole-Person Learning – learning how to learn, how to live; learning how to relate, to create, to flower no matter what age you are or personal history you've have lived, to be the best you can be.

The Rainbow Journey is about recolouring life to enable and empower children and adults to deal with and relish all challenges with a spirit of adventure and joy; it's about recognising all the resources we have inside us, and discovering how to access them, healing raindrops, developing sunbeams, creating rainbows.

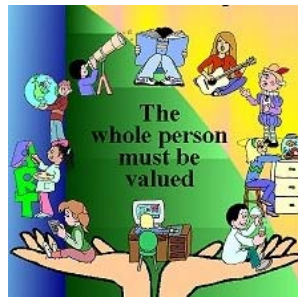
That's the Rainbow Journey: the Rainbow Journal is one of its voices, one of its faces. And it's also yours – send us your contributions for publication, tell us your views on the whole spectrum of our Rainbows.

The Rainbow Journey starts here – the Rainbow Journal is your ticket to ride. Welcome aboard!

Paul & Dee

The Rainbow Journey

The Vision, Purpose and Mission of The Rainbow Journey are that



within ten years from now, every pupil and student will have access to whole-person learning and life enhancing tools to enable them to reach their potential and excel.

Our aims are:-

- The pursuit of excellence and how to model it.
- To reach potential through new language, thinking and behavioural skills to grow bright spirited world citizens.
- To instil a sense of self-worth and forward seeking.
- To educate and re-educate with the purpose of advancing mental, physical and emotional well-being.
- To make education about learning rather than teaching.
- To recolour life and learning and enable and empower pupils and students to deal with and relish all challenges with a spirit of adventure and joy
- To make available to all educational institutions a

totally integrated package of whole person learning tools.

- To create pre-school, school, post-school, and web-based centres of excellence for whole-person learning and the applications of NLP and associated methodologies.

The Rainbow Journey, as an independent non-profit organisation, will:

- Promote the concept of Whole-Person Learning and develop a national focus for its objectives.
- Create national partnerships to take this forward.
- Provide support and advice to local foundations.
- Engage in research to monitor and assess how Whole-Person Learning affects performance of students, schools and education institutions.
- Collaborate with government and other government programmes on a nationwide level.
- Raise funds to support the Foundation's objectives.
- Provide funding to support local foundations and local programmes.

Values & Beliefs:

- Every child can have the chance to be the best they can be.
- Modelling excellence leads to excellence. If one person can do something, it is possible to model it and teach it to others. Experience and excellence has structure.

- Individuals process all information through their five senses and we have preferences!
- Mind and body are interdependent – and within the mind conscious and unconscious also have a symbiotic relationship.
- People work perfectly: no-one is broken. But they may need more choices and strategies to unlimit them.
- We already have all the resources we need to succeed or we can learn and obtain them easily. What we need is the ability to access these resources at appropriate times and places.
- What we perceive is the territory – how we perceive it is our own unique map. Rainbow Technology is the art of enriching and widening these maps to give more real choices.
- If you always do what you've always done you'll always get what you've always got – if something is not working do something different.
- Integrating the latest learning and thinking methodologies and techniques (NLP, Whole-brain learning, Accelerated Learning, 7 Intelligences, Educational Kinesiology, Brain Gym, ...) into a holistic, whole person tool will prove even more effective than the sum of the parts.

Behaviours & Activities:

- Accredited training workshops
- Resource Centre & Body of knowledge: Collect, research and disseminate the best practice, knowledge and understanding about how people learn and develop.
- Collect, research and disseminate the best practice, knowledge and understanding about how people do what they do.
- Conferences, master classes

and discussion forums

- Curriculum development, certification and assessment procedures for practitioners and trainers
- Making these resources available – through our library, through the media, through various publications – both paper-based and through ICT and web-related technology.
- Mentoring and coaching
- Modelling excellent practice – of Individuals (eg who have been successful, who have overcome their own disadvantages or disabilities) or of Groups or of Organisations – and making the information obtained as a result available.
- Research, Training programmes, Conferences
- To establish a model of excellence as a centre for resources and activities and to disseminate this
- To identify, organise and fund whole-person learning projects involving working with individuals, groups, organisations and communities (including charitable trusts, schools, colleges and universities, youth groups, young offenders, community groups and services).
- To utilise the best of current and future information and communications technology
- To work in collaboration with academic institutes to establish the credibility and efficacy of our work



The Rainbow Bridge Process

How to Re-Colour You

If You Can Dream It, You Can Be It

Did you know that every baby girl is born with the complete complement of eggs that her ovaries will ever need for her whole lifetime? Isn't that an incredible thought?

But what is an even more amazing parallel – and just as true a fact of life – is that we each contain all the resources we will ever need for our lives: if you like, we are, every one of us, a complete potential spectrum, a palette of every "colour" of life for all our life's journey.

Whatever we want to be or do or create – the resources for achieving these are all born in us. So how do we realise these – and realise our dreams?

How do we become our own congruent harmonized rainbow, the bridge from what we could be to what we will be? That is the journey we are going to take you on: and as all journeys begin with a single step, your first step is easy ----- just turn the page!

Some metaphors for rainbows from around the world

Sunshower... The Wolf is Giving Birth... The Devil Is Beating His Wife... Monkey's Wedding... Fox's Wedding... Pineapple Juice... Liquid Sun...

In Arabic, "the rats are getting married."

In Dutch, it's a "fair in hell."

In Hawaii, we used to call such rainfalls, "pineapple juice"

In Jamaica, it's "The devil and his wife fighting over a chicken bone".

In southern Alabama we call it "a slow news day"